

Laura's Declutter Guide

Make space for what you love, by releasing the things you don't.



Ask Yourself:

- Do I **love** it? Do I get positive feelings from it?
- Do I **use** it? Does it add value to my day?
- **Will** I use it in the foreseeable future?
(I know I will need it on x date in the next 6-12 months)

What will I gain by decluttering this space?

4 Box Method:

Sell/Donate
Recycle
Keep/Store
Bin

Remember: everything takes up space. Does the benefit of keeping an item outweigh the cost of storing it in your home?

Track your progress ✓

- | | | |
|-----------------------------------|-----------------------------------|-----------------------------------|
| <input type="radio"/> Kitchen | <input type="radio"/> Living Room | <input type="radio"/> 2nd Bedroom |
| <input type="radio"/> Utility | <input type="radio"/> Bedroom | <input type="radio"/> Garage |
| <input type="radio"/> Dining Room | <input type="radio"/> Bathroom | <input type="radio"/> Garden |